



## **HOW DO I FILL MY MODEL NO .HS1 HUMIDIFIER?**

**Hold the unit vertically with the adjustable SLEEVE on top. Gently turn the SLEEVE (which is either tan or brown, depending on the color you purchased) counter-clockwise until it stops. You should see 4 to 5 small openings (the CONTROL VENTS). Turn the unit upside-down and stand it on a flat surface. Remove the cap (the CLOSURE), then remove the instruction sheet and fill the unit with DISTILLED water. It's perfectly normal for a small amount of water to emerge from the CONTROL VENTS. Firmly re-insert the CLOSURE, which then creates a type of vacuum that prevents leakage.**

**Dry off the outside of the unit and adjust the SLEEVE so that 1 to 5 CONTROL VENTS are visible. You are now ready to use your HUMISTAT®-brand humidifier.**

**(In the highly unlikely event that, once you start using your humidifier, it does not release sufficient humidity, refill it once with warm—not hot—water and repeat the above series of steps.)**

## **WHY SHOULD I USE DISTILLED WATER?**

**Ideally, the water that we each get from the kitchen or bathroom sink should be cleansed by our municipality before it is made available to us. But, often it is not. It may be cleansed sufficiently so that it will not make us sick, but it can still retain minerals and impurities, such as mold spores, that we can neither smell nor taste.**

**The problem is, none of us know if the water we use has been completely cleansed of these ingredients. For that reason, distilled water—which does not contain any contaminants—is the best protection against the formation of mold.**